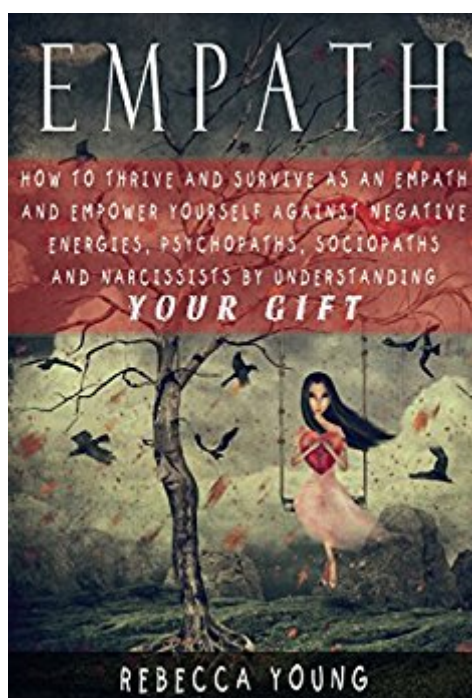


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# **Empath: How To Thrive And Survive As An Empath And Empower Yourself Against Negative Energies, Psychopaths, Sociopaths And Narcissists By Understanding ... Person, Empath, Psychic, Intuitive)**



## Synopsis

This book contains everything an empath needs to survive and thrive in world that disregards the acute sense of inner feeling an empath possesses. Empaths can learn to turn seeming weaknesses into strengths and powers through understanding and embracing their unique gifts. A Preview Of What You'll Learn...How to Distinguish Between the 10 Types of EmpathsThe Incredible 7 Step Mastery Foundation To Empath EmpowermentCommon Traits of All Empaths+ much, much more!

## Book Information

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## Customer Reviews

this "book" is only a few pages and is like an article. That should have been stated before buying. I did not expect War and Peace for such a low price, but perhaps even a few chapters with more solid information?

I never thought that there are different type of empath and that it was a broad topic. The book opened my mind through the huge overview of empath and this was written on an easy to be understood tone of writing. The book was informative and detailed specially for me as a beginner.

Empowered by sensitivity? It sounds strange doesn't it? Sort of ironic, contradictory, even mutually exclusive. This book has a useful information on how can we be empowered by something so soft, subtle and delicate, in a world full of hard, overpowering and loud people. Indeed, many of us Empaths get trampled, used, thrown around, and taken advantage of. This book as the answer. So, If you would like to discover whether you are an Empath, I recommend to read this book. Also, if you would like to discover what type of Empath you are, in this book you will discover the 10 types of Empaths. Rebeca shares her insights that can help all of us broaden our knowledge and understanding of what it is to be an Empath!

This is a fine start to a topic you rarely see addresses directly. However, it's not a book, but an article and it lacks any solid sources. While I believe the assertions here are largely true, I don't think it's as useful without the addition of psychological, spiritual and other sources who we can look to as experts. The colloquial tone HS also too casual for those who see the empath Turks as serious. It is serious and puts the enough in harm's way, which the writer accurately alludes to but fails to develop.

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